

AGING SERVICES



The Mission of The Arc Ontario's Aging Services is to provide services that support seniors health and wellness throughout their lifespan. This allows us to meet their inevitable changing needs, while supporting aging with dignity.

Program Highlights

People with disabilities or other challenges are living longer than ever before. At The Arc Ontario, the innovative menu of programs and supports is available to help with the transition into retirement. The program options at The Arc Ontario offer a variety of interactive and beneficial supports including:

- Creative Expressions
- End of Life Care
- Fall Prevention Training
- Food, Fun & Fitness
- Silver Connections
- Tai Chi
- Future Care Assistance
- Recreation
- Retirement Options
- Senior Health & Wellness
- Canandaigua & Geneva Sit-A-Spell
- Staff Training
- Volunteerism



3071 County Complex Drive
Canandaigua, NY
(585) 394-7500
www.thearccontario.org



A chapter of  The Arc
New York

We'd love to hear from you.

To learn more about the Aging Services program at The Arc Ontario, please contact:

JoEllen Schaefer
Family Support/Intake Coordinator
(585) 919-2118 • jschaefer@thearccontario.org