

COMMUNITY HABILITATION



Community Habilitation teaches you or your family member the skills to promote growth and independence in the home and in the community.

Staff will provide guidance with acquiring, retaining or improving skills related to:

- Personal Hygiene Tasks: being clean, ready for school, work and going-out into the community.
- Self-Care Tasks: gaining skills in dining etiquette, appropriately dressing for weather, and having a socially acceptable appearance.
- Household Chores: planning meals and menus, grocery shopping, cleaning living space, and learning laundry skills.
- Transportation: training on the use of public transportation to access work, school, and the community.
- Independence in Personal Health Care: being able to understand and advocate for their well-being at medical and dental appointments.
- Personal Financial Management: money recognition, purchasing items, going to the bank, and daily and weekly budgeting.
- Social Behaviors: being appropriate with others in their home and out in the community.



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A chapter of  The Arc
New York

We'd love to hear from you.

To learn more about Community Habilitation at The Arc Ontario, please contact:

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