

THE EBERHARDT CENTER



The Eberhardt Center has been a part of the Day Services at The Arc Ontario for over thirty years, offering an enriched learning environment with an emphasis on wellness. Programs support social skills development, promoting independence, training in several areas of daily living: nutrition, safety skills, personal care skills, housekeeping, and healthcare and building community relationships and involvement.

Activities Include:

The **Creative Expressions** program offers music, art and horticulture to people interested in more creative programs. The classes provide the opportunity to explore creativity while promoting communication, social and teamwork skills. Each program focuses on fostering community connections through partnerships with various businesses and organizations. Whether you want to exhibit in an art show, take part in a musical performance, or improve your gardening skills, there are so many ways to get involved!

The **Therapeutic Pool** is utilized daily to assist individuals with orthopedic and neurological disorders who experience symptoms of pain, weakness, weight-bearing restrictions, and circulation issues.

Building resources like the Snoezelen Room, the outside Recreation Area, and Sensory Garden offer individuals a place to explore their passions whether it be nutrition, arts and crafts, leisure activities, physical activities, or relaxation activities.

Volunteer Opportunities and Community Involvement: Meals on Wheels, local library, consignment shops, shopping centers, restaurants, and coffee shops.



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A chapter of **The Arc**
New York

We'd love to hear from you.

To learn more about The Eberhardt Center at The Arc Ontario, please contact:

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